
**P.E. /
HEALTH/
PSYCH /
SOCIOLOGY**

Foundation of Personal Fitness
Individual/Team Sports
Aerobic: Gym
(956) 565-4620

Coach J. Cavazos Conference: 3A (12:58-2:28) 3B (12:58-2:28)
Coach A. Perez Conference: 1A (9:00-10:30) 1B (9:00-10:30)
Coach D. Simons Conference: 1A (9:00-10:30) 1B (9:00-10:30)

Purpose: The main purpose of the physical education class, is to guide students in the process of becoming physically active for the rest of their lives. This is a one semester course and is a combination of personal fitness, individual and team sports, with an emphasis on lifetime sports.

Objective: The physical education program consists of five parts: class instruction, practice drills, skills tests, written tests, and recreational time. Activities offered are personal fitness, individual sports (ex: weight training, aerobics) and team sports (ex: football, basketball, volleyball, etc.)

- Class rules:**
1. Be courteous to both staff and classmates/Practice good listening and oral skills
 2. Class will be dismissed by the teacher
 3. Students must dress out daily in the proper p.e. uniform
 4. Students must be ready for roll call five minutes after the tardy bell, After 3 tardies, students will be sent to the office
 5. **CELL PHONES- Electronics will be allowed ONLY with the permission of the teacher**
 6. Storage space is limited, please do not bring valuables, large amount of monies, etc. to class
 7. **Food, gum, and snacks** will not be allowed during class
 8. Students must follow gym rules at all times (rules are posted throughout facility)
 9. If you are taking multiple p.e. classes during the same semester you will still be required to meet the requirements for each class

- Assignments:**
1. Homework/Class work appropriate to activity may be assigned
 2. Alternative assignments will be assigned due to individual circumstances
 3. Projects at teachers discretion
 4. Extra credit is allowed in the form of fun/runs/ cycling events (**NO MORE THAN 3 PER 9 WEEKS**)

- Supplies needed:**
1. P.E. uniform must be purchased from P.E.Dept.
 2. Warm-ups (forest green & gray)/compression shorts may be worn
 3. Tennis shoes must be worn as part of p.e. uniform (no sandals, boots, etc)
 4. Supply own toiletries (deodorant, soap, towel, etc)

Grading Procedures & Weights:

	<u>9wks.</u>	<u>Semester</u>	
1. Class participation	45%	1 st . 9 wks. Grade	37.5%
2. Skills tests	30%	2 nd . 9 wks. Grade	37.5%
3. Quiz	25%	Semester Exam	25%

All homework is due on the designated day at the beginning of class. No late work will be accepted. Make up work due to absences will be done during tutorial. Students may retake tests upon receiving a failing grade. Retests will be administered only once and student will receive a grade no higher than a 70. It is a student's responsibility to make arrangements for makeup work and retests. Make-up work and retests must be made up within subsequent 9 week period.

Incorporated into the class activities will be:

Formative Assessments- A tool used to help students during the learning process in order to modify teaching and learning activities to improve student attainment (presidential fitness, sport related skills, etc.,) and **Summative Assessments-** a way to *evaluate student learning* at the end of an instructional unit by comparing it against some standard or benchmark (end of activity, chapter written exam, etc.)

Student's Name-**PRINT**

Student's Signature

Parent Signature

21

Advanced Health Syllabus 2019-2020

Dennis Simons
Alyssa Perez

Conference: 1A 9:00-10:30/ 1B- 9:00- 10:30 Phone number-956-565-4620
Conference: 1A 9:00-10:30 / 1B- 9:00- 10:30 Phone number-956-565-4620
Room: Gym

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Objective: To educate students regarding the importance of self-responsibility in achieving and maintaining a healthy lifestyle.

Class Rules:

1. Be courteous to staff and classmates/practice good listening and oral skills
2. Three (3) tardies and student will be sent to office for disciplinary action
3. Will come prepared with class materials (pen, pencil, textbook, paper, etc)
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Assignments

1. Homework and class work will be assigned when appropriate
2. Individual and/or group projects will be assigned when appropriate (ex: 1st. aid kit, nutrition presentation, etc.)
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LATE WORK will not be accepted after 3 school days after due date (special circumstances may apply and will be dealt with on individual basis).

RETESTING PROCEDURES: Students may retake tests only upon receiving a failing grade. Additional assigned material may be required along with tutorial time before being allowed to retest. The time and date for all retests is determined by the teacher and student and **MUST** be taken within subsequent 9 weeks.

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Parent's Contact Phone # & Email Address

Other form of contact

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Other form of contact

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Science Academy of South Texas

COURSE NAME: Psychology AP **ROOM:** 222
INSTRUCTOR: William Williams
EMAIL: william.williams@stisd.net
CONFERENCE: 1st period

Course Purpose:

This course is a study of the major topics in psychology. It introduces the study of behavior and the factors that determine and affect behavior. By taking Psychology AP, students will experience a challenging college level curriculum. To receive college credit, students must pass the AP exam with a minimum score of 3 (1-5). Please be aware that universities do vary in the score required for college credit. Further, by passing the AP exam students will obtain one required measure for distinguished achievement on their high school diploma. The course will be rigorous and students will be expected to supplement their learning through independent study

in preparation for the AP exam.

Program Learning Outcome:

Students will demonstrate an understanding of the science of human behavior and mental processes.

Course Objectives:

- Identify various research methods and apply these methods to the scientific study of psychology.
- Describe the historical influences and early schools of thought that shaped the field of psychology.
- Describe some of the prominent perspectives and approaches used in the study of psychology.
- Use terminology unique to the study of psychology.
- Describe accepted approaches and standards in psychological assessment and evaluation (i.e., intelligence, personality, psychopathology).
- Describe various physiological processes and explain how these processes influence cognition and behavior (i.e., perception, brain, hormones).

The following topics will be covered:

1. History and Scope of Psychology
2. Research Strategies
3. Neuroscience (The Brain, Neurons, and Genes)
4. Sensation and Perception
5. Altered States of Consciousness
6. Learning
7. Memory
8. Intelligence
9. Motivation and Emotion
10. Personality
11. Abnormal Psychology
12. Psychotherapy
13. Developmental Psychology
14. Social Psychology

Core Objectives:

Through the Texas Core Curriculum, students will gain a foundation of knowledge of psychology, develop principles of personal and social responsibility for living in a diverse world, and advance intellectual and practical skills that are essential for all learning. This will be accomplished by meeting the following goals:

1. **Critical Thinking Skills** - to include creative thinking, innovation, inquiry, and analysis, evaluation and synthesis of information
2. **Communication Skills** - to include effective development, interpretation and expression of ideas through written, oral and visual communication
3. **Empirical and Quantitative Skills** - to include the manipulation and analysis of numerical data or observable facts resulting in informed conclusions
4. **Social Responsibility**: to include intercultural competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national, and global communities

Evaluation Methods and Grading Criterion:

Tests: There will be approximately five multi-chapter tests, a comprehensive nine-week exam and a comprehensive semester exam. The tests and exams will be a combination of multiple choice and free response questions. They will cover material from the textbook, assignments, lectures, activities and discussions. Test corrections will be allowed during tutorials on chapter tests for two weeks after test grades are posted or till the end of a nine-weeks period, whichever comes first. Students can earn 40% of each hand-written corrected question. Corrections are not allowed for the nine-weeks and semester exam. Re-testing will be allowed for those exams up to a grade of 70.

Assignments: As a college level class, students are expected to do all assigned reading prior to class. Throughout the term, I will give individual and group assignments in coordination with class activities and in preparation for tests and exams. Assignments will be accepted at the beginning of class on the due date. Further explanations and instruction needed due to absences will be provided at the following appropriate times: before and after school tutorials or via email.

Late assignments, quizzes and Make up work: Late work will be accepted with a 10-point penalty within two class days late and a maximum grade of 70 for three to four class days late. If you miss a test or in-class quiz due to an excused absence, you may make up the test/quiz within one week. If your absence is not excused, you will not be allowed to make up a missed test or quiz. Late on-line quizzes will receive a maximum grade of 80 if completed before the next grade report. On-line quizzes completed after a grading period will receive a maximum grade of 50. Exceptions will be based on circumstances and at the discretion of the instructor.

AP Test Preparation: Due to the depth and breadth of the required AP course content, not all topics will be addressed in the classroom. Therefore, students will be expected to supplement their learning through independent study in preparation for the AP exam. The instructor is available for tutoring after school and during tutorial periods.

Projects: There will be a variety of projects and activities throughout the course.

Grading: Tests- 40%, Quizzes - 25%, Assignments- 25 %, Participation-10%

FORMATIVE ASSESSMENT:

Formative assessment will be an ongoing process. Formative assessments inform both teachers and students about student understanding at a point when timely adjustments can be made. These assessments will be in the form of oral questioning, short quizzes, and class discussions. Students will be expected to participate in the assessment process but will not receive a grade for the assessment.

Science Academy Pyramid of Intervention:

Students needing intervention will be assisted through many activities. These will include after school tutorial, morning tutorial, and peer tutorial. Other interventions will be designed to meet the specific needs of the individual student.

MATERIALS:

Please bring the following materials to class every day: A notebook, a binder or file system for organizing handouts/assignments etc., paper, pens and pencils. To prepare for the AP exam in May, and to provide you with content summaries throughout the course, it is recommended that you purchase or check out an AP study guide.

TEXT

Myers, David G. 10ed (2016). *Exploring Psychology*
New York: Worth Publishers

CLASSEXPECTATIONS

- To maximize attention, electronic devices will be put away unless required for learning
- Food and beverages will not be allowed in class, with the exception of water
- Students will listen politely while others are talking
- Students will maintain voice levels appropriate to the learning activity as guided by the teacher

William Willisma, Instructor _____ Date _____

Dr. Irma Castillo, Principal  _____ Date 8/16/19

I have received a copy of this course outline, have been given the opportunity to ask questions, and understand the contents:

Student Signature _____ Date _____

Parent Signature _____ Date _____

ls



Course: Sociology

Instructor: William Williams

Email: william.williams@stisd.net

Conference: 1st Period

Room: 222

Course Purpose and Goals:

Introduction to Sociology is a course designed to give the student an understanding of the study of society in an objective, scientific manner. Students will become more aware of how society impacts social groups and individual behavior. The course includes a study of sociological perspectives, the founding fathers of sociology, research skills, and social structures. Further, the course will help students understand the connection between the larger world and the individual.

Objectives:

- * To view society and all its components as a strong force impacting the individual
- * To evaluate the effect of social interaction, trends, and change of human behavior
- * To understand social processes and behaviors that have created the modern world
- * To build research skills necessary to provide answers to questions regarding social forces and human behavior
- * To use critical thinking skills to analyze and evaluate how social forces effect human behavior

Grading Categories:

Assignments	30%
Tests/Projects	35%
Quizzes	25%
Participation	10%

Projects: There will be a variety of projects and activities throughout the course including multimedia, hands-on art, demonstrations, case studies and research projects.

Tests: If you miss a test due to an excused absence, you may make up the test within one week. If your absence is not excused, you will not be allowed to make up a missed test.

Test corrections will be allowed during tutorials for two weeks after grades are posted or till the end of a nine-weeks period, whichever comes first. Students can earn 40% of each hand written corrected question. Corrections are not allowed for the nine-weeks and semester exam. Re-testing will be allowed for those exams-up to a grade of 70.

Late work and Make up work: Late work will be accepted with a 10-point penalty within two class days late and a maximum grade of 70 for three to four class days late. Exceptions will be based on circumstances and at the discretion of the teacher. Excused absences will not be counted as a class day. If you miss a test due to an excused absence, you may make up the test within one week. If your absence is not excused, you will not be allowed to make up a missed test.

Materials: The following materials must be brought to class each day.

Pens, pencils, paper, a notebook for class notes, and a binder or file system for handouts and returned assignments.

Classroom Policies:

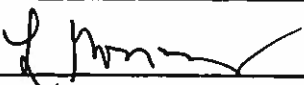
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